

Dr. Devi S Nambudripad  
6714 Beach Blvd.  
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## GLOBAL NAET AUTISM STUDY 2014

Dear Patients, Parents and Health Practitioners,

We are planning to conduct a large global study using over 100 well trained NAET practitioners on a group of 1296 autistic children (ages 2 to 10) to determine the effectiveness of NAET in Autism Spectrum Disorder. Our earlier published research showed dramatic improvement, with 23/30 children receiving treatment being able to return to regular schools (vs 0/30 in the untreated control group).

Before entering the study, children must have a diagnosis of Autism from a psychologist, neurologist or a psychiatrist. Part of initial screening will include blood tests for IgE allergies, a five minute interactive video, initial evaluations in the office and functional testing. The NAR Foundation will pay for these evaluations. This translates to over \$3000.00 and this will be free for you. All children who desire to participate in the study must go through a pre-screening using laboratory testing for serum IgE-specific allergens. If the children have high IgE readings on foods they will not be admitted to this Autism study. The foundation is trying to raise more funds through private funding towards this global autism study. If the foundation is successful in raising enough funds, then each child will be paid \$10-15.00 USD towards the expense of transportation to the practitioner's office to bring your child for treatment. You should save all receipts and submit them to your study practitioner. He/she will submit to the foundation for reimbursement at the end of the study. If the funds come through, then the foundation will also pay partial payment of your visits to your practitioners at the rate of \$30 to \$40/treatment.

This will be a placebo controlled study. No one in the study (including the administrators, your treating practitioner or any organizer) will know who is in the treatment group or who is in the placebo group except the Statistician. After the completion of 35 treatments your child (from placebo and treatment group) will receive treatments for another 15 known allergen groups known as NAET Basic 15. So your child will receive a total of 50 free office visits. After the completion of the entire study (after three years) you will be notified if your child was in treatment group or placebo group. If your child was in the placebo group, we did not want your child to wait for three years to get free treatments on the real items. That is why we decided to treat everyone for 50 items regardless of your child's group. Unlike other placebo controlled studies, if your child was selected for placebo group, he/she will not lose time for waiting for real treatments for three years (three years is the estimated time to end the study) since our statisticians have incorporated real and placebo within the assigned 50 treatments.

Initially, the study children will be treated twice a week over 4-6 months for 36 key groups of allergens. Treatments are simple and gentle, using acupressure and taking ~ 30 minutes. Each treatment can eliminate one food sensitivity, and children will need to avoid the treated food for

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25 hours after each treatment. The food avoidance list will be provided to you after each treatment by your treating NAET practitioner. The children are permitted to continue their usual therapies they were on prior to entering the study.

Participating practitioner's names, address, email contact is listed on our website: [www.naet.com](http://www.naet.com) under GLOBAL AUTISM STUDY. We will be updating the list monthly as new practitioners join the study. You can contact a practitioner near you to enroll your child in the study. We invite health practitioners to refer children with autism for the study as well. The study cannot admit children with Aspergers or PDD. Children should have the Autism diagnosis from a qualified doctor or a mental health professional.

After completion of the treatments for 36 food groups, both the treatment and placebo group will be reevaluated for all initial evaluations. Then immediately children from both groups will be offered free 15 more treatments for the basic 15 real NAET allergen groups. So that if your child was in the placebo group, your child doesn't have to wait for three years to complete the study in order for your child to receive real treatments. Since the entire study will take three years to complete we do not want your child to wait that long and miss time to get treated for real items.

If you are interested to participate in this study, you may contact your local practitioner participants from the list on the website. [www.naet.com](http://www.naet.com).

Children for this study should not have received NAET treatments prior to entering the study. We will require a letter from your physician confirming your child's autism diagnosis. If you have any question about the study please free to contact at the email address below.

Attn: Dr. Devi Nambudripad  
Email: [dnambudripad@hotmail.com](mailto:dnambudripad@hotmail.com)  
Child's full Name. ....  
Date of Birth or Age. ....  
Name of Parents .....  
E-mail Address. ....  
Tel. no. ....

Thank you for your interest!

President/NAR foundation  
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